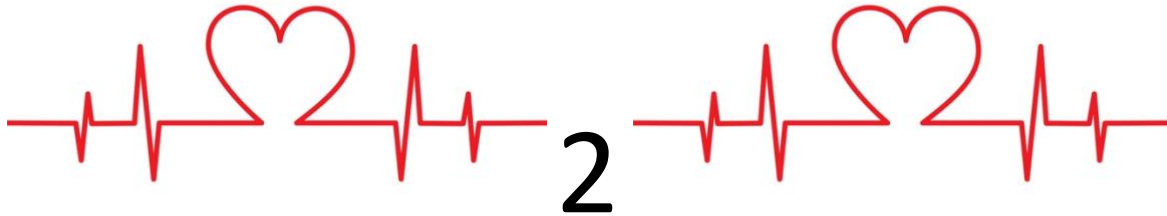


**Understanding the Experiences of Patients and Their Companions with  
Managing a Cardiopulmonary Condition**

**ARE YOU INTERESTED IN HAVING A HEART TO HEART?**



**Are you over 18 years of age?**

**Do you have a cardiopulmonary condition for at least 3 years?**

**Are you a “companion” of someone who has a cardiopulmonary  
condition?**

**(A “companion” is someone who supports a person in their medical  
journey. This can be a family member, friend or peer.)**

**We invite you and your companion to be part of a patient-led research study – a  
Patient and Community Engagement Research (PaCER) Project**

**You can participate in a focus group (5 hours, parking and lunch provided)  
and / or an interview (up to 90 minutes).**

**Interested?**

**Call Mary Beth at 403-585-5584 or email us at [pacerscn@outlook.com](mailto:pacerscn@outlook.com)**



**UNIVERSITY OF CALGARY**  
O'Brien Institute for Public Health

